Appointment Preparation Guide

Epidiolex® (cannabidiol)

EPIDIOLEX is a prescription medicine that is used to treat seizures associated with Lennox-Gastaut syndrome, Dravet syndrome, or tuberous sclerosis complex in patients 1 year of age and older.

Be prepared to get the most out of your next appointment

It's important to check in with your doctor about your current antiseizure medicines to discuss if the treatment plan is meeting your needs and helping you reach your goals. Your answers to these questions can help you start the conversation with your doctor at your next appointment.

Seizure assessment

Are you or your loved one currently experiencing seizures?

- ☐ Yes
- ☐ No

What level of impact are your or your loved one's current seizures having on daily life?

- ☐ Significant
- ☐ Moderate
- ☐ Minimal

Additional notes about seizure impact

Do you or your loved one experience any of the following during a seizure?

(select all that apply)

- ☐ Muscle jerking
- ☐ Confusion
- ☐ Convulsions
- ☐ Aura
- ☐ Staring spell
- ☐ Behavioral arrest
- ☐ Emotional change
- ☐ Muscle stiffening
- ☐ Repetitive behaviors
- ☐ Loss of consciousness
- ☐ Other symptom (be prepared to provide a detailed description during your appointment)

Additional notes about seizures

Select Important Safety Information

Do not take if you are allergic to cannabidiol or any of the ingredients in EPIDIOLEX.

EPIDIOLEX may cause liver problems. Your doctor may order blood tests to check your liver before and during EPIDIOLEX treatment. In some cases, EPIDIOLEX treatment may need to be stopped. Call your doctor right away if you start to have any of these signs and symptoms of liver problems during treatment with EPIDIOLEX:

- loss of appetite, nausea, vomiting
- fever, feeling unwell, unusual tiredness
- yellowing of the skin or the whites of the eyes (jaundice)
- itching
- unusual darkening of the urine
- right upper stomach area pain or discomfort

Please see full Important Safety Information on page 5 of this guide and click here for full Prescribing Information.

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Treatment goals

What are your goals for treatment? (select all that apply)

- ☐ Improved seizure control
- ☐ Side effect management
- ☐ Simplified treatment routine
- ☐ Personalized treatment plan
- ☐ Other (be prepared to discuss with your doctor)

Additional notes about treatment goals

How satisfied are you with your current treatment?

- ☐ It's time to try something different
- ☐ Okay, needs improvement
- ☐ Satisfied

Additional notes to discuss with the doctor about current treatment

Consider these questions to help you prepare for a conversation with your doctor about your current treatment:

Are your current treatment goals being met?

☐ Yes ☐ No

Are you satisfied with the current seizure control?

☐ Yes ☐ No

Are you experiencing burdensome side effects?

☐ Yes ☐ No

Additional notes to discuss with the doctor about current treatment satisfaction

When you discuss this with your doctor, be specific and provide reasons why you feel this way.

Select Important Safety Information

EPIDIOLEX may cause you to feel sleepy, which may get better over time. Other medicines (e.g., clobazam) or alcohol may increase sleepiness. Do not drive, operate heavy machinery, or do other dangerous activities until you know how EPIDIOLEX affects you.

Like other antiseizure medicines, EPIDIOLEX may cause suicidal thoughts or actions in a very small number of people, about 1 in 500. Call your doctor right away if you have any signs of depression or anxiety, thoughts about suicide or self-harm, feelings of agitation or restlessness, aggression, irritability, or other unusual changes in behavior or mood, especially if they are new, worse, or worry you.

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EPIDIOLEX questions

Questions about EPIDIOLEX that you would like to discuss at your next appointment.
(select all that apply)

- [ ] Can EPIDIOLEX help me or my loved one reach our treatment goals?
- [ ] Does EPIDIOLEX have personalized dosing based on weight? What would my or my loved one's dose look like?
- [ ] What are possible side effects of EPIDIOLEX and what can be done to help manage them?
- [ ] What can I expect if I take EPIDIOLEX and clobazam together?
- [ ] How do I take or give my loved one EPIDIOLEX?
- [ ] How long does it take EPIDIOLEX to start working?
- [ ] Are there any support programs available when starting EPIDIOLEX?

Additional notes about EPIDIOLEX

Select Important Safety Information

Take EPIDIOLEX exactly as your doctor tells you. Do not stop taking EPIDIOLEX without first talking to your doctor. Stopping an antiseizure medicine suddenly can cause serious problems.

Please see full Important Safety Information on page 5 of this guide and click here for full Prescribing Information.

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Tips for your appointment

Before, you should:

Reflect on your goals
What do you and your loved one want and need to achieve from treatment?

Talk to your doctor
Call ahead of scheduled appointments if there's something specific you want to talk about or a question you need answered, so they can make sure they're prepared, too.

Bring a family member or friend
Having a second set of ears to help remember what was discussed and ask other questions can take some of the pressure off of you.

Document your or your loved one's seizures
Seizure logs can help your doctor notice any patterns or triggers that might impact their treatment suggestions (and you do not have to think too hard about what happened a week or month ago).

During, you should:

Write everything down (or record the conversation)
Having notes that you can look back and read to remember everything that was said, or to share with others who care for you or your loved one, can help save you the worry of forgetting anything important.

Remember, there are no bad questions
There's no such thing as wasting your doctor's time or asking something "silly." They want to hear what you have to say, too (and it's probably not the first and won't be the last time they've heard your exact question).

Keep in mind: teamwork makes the dream work
Your doctor wants to work with and be on the same page as you. You are partners in this journey.

Select Important Safety Information

The most common side effects of EPIDIOLEX include increase in liver enzymes, sleepiness, decreased appetite, diarrhea, fever, vomiting, feeling very tired and weak, rash, sleep problems, and infections.

Please see full Important Safety Information on page 5 of this guide and click here for full Prescribing Information.

Cameron, at age 18 | taking EPIDIOLEX

Important Safety Information & Indications

What is the Most Important Information I Should Know About EPIDIOLEX (cannabidiol)?

Do not take if you are allergic to cannabidiol or any of the ingredients in EPIDIOLEX.

EPIDIOLEX may cause liver problems. Your doctor may order blood tests to check your liver before and during EPIDIOLEX treatment. In some cases, EPIDIOLEX treatment may need to be stopped. Call your doctor right away if you start to have any of these signs and symptoms of liver problems during treatment with EPIDIOLEX:

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Take EPIDIOLEX exactly as your doctor tells you. Do not stop taking EPIDIOLEX without first talking to your doctor. Stopping an antiseizure medicine suddenly can cause serious problems.

What Else Should I Know When Taking EPIDIOLEX?

The most common side effects of EPIDIOLEX include increase in liver enzymes, sleepiness, decreased appetite, diarrhea, fever, vomiting, feeling very tired and weak, rash, sleep problems, and infections.

EPIDIOLEX may affect the way other medicines work, and other medicines may affect how EPIDIOLEX works. Do not start or stop other medicines without talking to your doctor. Tell your doctor about all the medicines you take, including prescription and over-the-counter medicines, vitamins, herbal supplements, and cannabis-based products.

What Additional Information Applies to Women?

If you are pregnant or plan to become pregnant, EPIDIOLEX may harm your unborn baby, and medicines like EPIDIOLEX may be passed into breast milk. You and your doctor will decide if you should take EPIDIOLEX and about the best way to feed your baby while taking EPIDIOLEX. If you become pregnant while taking EPIDIOLEX, discuss registering with the EPIDIOLEX Pregnancy Surveillance Program (855-272-7158 or **epidiolexpregnancystudy.com**) and the North American Antiepileptic Drug Pregnancy Registry (888-233-2334 or **aedpregnancyregistry.org**). The purpose of these registries is to collect information about the safety of antiseizure medicines during pregnancy.

What is EPIDIOLEX (cannabidiol)?

EPIDIOLEX is a prescription medicine that is used to treat seizures associated with Lennox-Gastaut syndrome, Dravet syndrome, or tuberous sclerosis complex in patients 1 year of age and older. It is not known if EPIDIOLEX is safe and effective in children under 1 year of age.

Please read the EPIDIOLEX **Medication Guide** and **Instructions for Use** for additional important information.

You are encouraged to report side effects of prescription drugs to the FDA. Visit **www.fda.gov/medwatch** or call 1-800-FDA-1088. You may also contact Jazz Pharmaceuticals at 1-800-520-5568.

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Jazz Pharmaceuticals

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